

R. S. S. P. Mandal Ltd. Chalisgaon Dist. Jalgaon Sanstha's

Nanasaheb Y. N. Chavan Arts, Science &
Commerce College, Chalisgaon Dist. Jalgaon



NAAC Re-accredited (Third Cycle) - B++ Grade

रा. स. शि. प्र. मंडळ लि. चाळीसगांव जि. जळगांव संस्थेचे
नानासाहेब य. ना. चव्हाण कला, विज्ञान आणि
वाणिज्य महाविद्यालय, चाळीसगांव जि. जळगांव

Dr. S. R. JADHAV
M.Sc., M.Phil., Ph.D.
Principal

फोन ०२५८९-२२२६०१ (कार्यालय), २२५२८२ (निवास) मो. ९४२२७८९५०९

Email :- rashtriyacollege@gmail.com
rashtriyacollege@rediffmail.com
http:-www.rashtriyacollege.com

डॉ. एस. आर. जाधव
एम. एस्सी., एम. फिल., पीएच. डी.
प्राचार्य

Outward No. / जायक क्र.

Date / दिनांक - १२/०३/२०२२

सूचना

सर्व विद्यार्थिनीना सूचित करण्यात येते कि, आपल्या महाविद्यालयात महिला तक्रार निवारण समिती (ICC) आणि युवती सभा अंतर्गत 'महिला सबलीकरण' (Women empowerment) हा कार्यक्रम आयोजित केला आहे. सदर कार्यक्रम पुढील प्रमाणे असेल

दिनांक: १५/०३/२०२२

वेळ: सकाळी ०९ ते १२

ठिकाण: बहुउद्देशीय हॉल

प्रथम सत्र : सौ. माधुरी एडके - महिलाविषयक कायदे

द्वितीय सत्र: डॉ. पायाल पवार - मानसिक आरोग्य

तरी सर्वांनी या कार्यक्रमाचा लाभ घ्यावा आणि बहुसंख्येने उपस्थित राहावे.

उप प्राचार्य

नानासाहेब यशवंतराव नारायणराव चव्हाण
कला, विज्ञान आणि वाणिज्य महाविद्यालय
चाळीसगांव जि. जळगांव

Report of Internal Complaint Committee

Event Name: Women Empowerment in collaboration with Yuvati Sabha

Date: 15th March 2022

Time: 09.00 am to 12.00 pm

No. of Student Participants: 90

Chairperson: Hon. Principal Dr. S. R. Jadhav

Programm Schedule:

Inauguration

Session I- Adv. Madhuri Edake- Laws for women

Session II- Dr. Payal Pawar- Mental Health

The Internal Complaints Committee (ICC) in collaboration with Yuvati Sabha of the college organized Women empowerment program for college girls. There were two sessions focused on women's rights and empowerment and mental health. The program was attended by 86 students and faculty, and was a step forward in fostering a culture of empowerment, safety, and legal awareness, mental well being for career within the institution.

The Principal of the college presided over the function, setting the tone for the event with an insightful opening address. In his speech, the Principal emphasized the importance of such initiatives in empowering young women and creating a safe and supportive environment in the college. He stressed that education is not just about academics, but also about equipping young women with the knowledge of their rights and preparing them to face the challenges of the real world and empower them with mental well-being for future career or entrepreneurship.

Following the Principal's address, the ICC convener took the podium to introduce the program and the resource person for the day, Adv. Edake, a prominent legal expert specializing in women's rights and social justice. The convener highlighted the ICC's and Yuvati Sabha's role in addressing grievances related to harassment and fostering a secure atmosphere for women on campus. She also underlined the significance of educating young women on legal rights, which aligns with the objectives of the committee.

The resource person, Adv. Edake, then took over and delivered a comprehensive and enlightening talk on a range of laws that pertain to the safety and well-being of women in India. She began by discussing the 'Prevention of Sexual Harassment Act (POSH)', which seeks to protect women from sexual harassment in the workplace, including educational institutions. She explained the provisions of the law, the process of lodging complaints, and the role of the ICC in ensuring justice for victims of harassment.

Adv. Edake also spoke in detail about the 'Protection of Women from Domestic Violence Act', a crucial piece of legislation that addresses physical, emotional, and economic abuse faced by women in their homes. She emphasized that domestic violence is not confined to physical harm but also includes verbal, emotional, and psychological abuse, which can have long-lasting effects on a woman's mental health and well-being.

Additionally, the session covered laws that protect 'senior citizens', particularly women, who are often vulnerable to neglect and abuse in their old age. Adv. Edake highlighted the Maintenance and Welfare of Parents and Senior Citizens Act, which mandates that children and relatives provide financial support to elderly parents.

One of the key topics discussed was 'Section 125 of the Indian Penal Code (IPC)', which ensures the right of women to claim maintenance from their husbands. This law is especially important for divorced or separated women, as it guarantees financial support for them and their children, helping them lead dignified lives.

The resource person concluded her talk by encouraging the students to be aware of their rights and not hesitate to seek legal recourse when needed. She emphasized that knowledge is power, and understanding these laws can make a significant difference in the lives of women.

The program concluded with a question-and-answer session where students actively participated, seeking clarification on various legal provisions. Adv. Edake patiently addressed their queries, providing practical advice and guidance.

Session II: The second session focused on mental health as a key to building a successful career. The program, was designed to address the increasing challenges young women face in balancing academic, personal, and professional aspects of life. The session emphasized the importance of mental well-being and how it plays a crucial role in shaping a woman's career and personal success.

Yuvati Sabha convener Prof. Mrs. Padvi P. S. formally introduce the program and the esteemed resource person for the day, Dr. Payal Pawar, a renowned psychiatrist with expertise in mental health and its impact on professional success.

Dr. Pawar began her session with a thought-provoking discussion on the growing mental health challenges young women face today, including academic pressures, societal expectations, and personal struggles. She stressed that mental health is often overlooked in discussions about career success, yet it plays an integral role in shaping a person's professional journey. According to Dr. Pawar, a healthy mind is the foundation of productivity, creativity, and resilience qualities essential for building a fulfilling and successful career.

Throughout the session, Dr. Pawar delved into the psychological factors that influence career decisions and professional growth. She discussed topics like 'stress management', 'building emotional resilience', and 'the importance of self-care' in maintaining mental balance. She explained that while ambition and hard work are important, neglecting mental health can lead to burnout, anxiety, and depression, which can derail even the most promising career paths.

One of the key points Dr. Pawar made was about the importance of 'self-awareness' and 'emotional intelligence' in professional settings. She spoke about how understanding one's emotions, strengths, and limitations can help women navigate workplace challenges more effectively. Emotional intelligence, according to her, is a critical skill that helps individuals manage relationships, resolve conflicts, and lead team skills essential for long-term career success.

Dr. Pawar also highlighted the role of 'work-life balance' in sustaining mental health. She advised students to take time for hobbies, rest, and meaningful relationships, which can provide a buffer against the stresses of a demanding career. She emphasized that women should not feel guilty for taking time to recharge, as mental health is an investment in their future success.

The session ended with an interactive 'question-and-answer session', where students asked about practical strategies for managing stress, overcoming self-doubt, and coping with failure. Dr. Pawar provided valuable advice, encouraging students to seek professional help when needed and to build a supportive network of friends, mentors, and family members.

In her concluding remarks, the Principal expressed her gratitude to Dr. Pawar for the enriching session. She reinforced the message that mental health is as important as academic achievement and urged students to incorporate the insights they had gained into their daily lives.

The Women Empowerment Program was a resounding success, with students and faculty alike expressing their appreciation for the focus on mental health as a cornerstone for success. The ICC's and Yuvati Sabha's initiative was praised for addressing such a critical issue, and the program has undoubtedly left a lasting impact on the college community.


ICC Convener



girls

RSSP Mandal Ltd. Chalisgaon Sanstha's
Nanasaheb Y. N. Chavan Arts, Science and Commerce College, Chalisgaon

Internal Complaint Committee A Juvati Sabha
" Women Empowerment Program "

Date: 15/03/2022

Sr. no.	Name of the Student	Roll no.	Class	Mobile no.	Signature
1	Desale Bhagyashai Vijay	116	S.Y.BSc.	9529828254	B.Desale
2	Patil Jagruti Panjabrao	115	S.Y.BSc	7666240971	Patil
3	Patil Sakshi Shantaram	1	S.Y.B.Com	7841910403	Patil
4	Mahajan Rajshri Dipak	2	S.Y.B.com	7038114851	Mahajan
5	Koli Khushi Narendra	61	T.Y.BCA	8010495467	Koli
6	Mali Vaishnavi Ravindra	87	S.Y.B.com	9579771757	Mali
7	Patil Mansi Sandip	151	F.Y.Bs.C	9270002854	Patil
8	Savalkar Snehal Nama	31	F.Y. Bse	9021229275	Savalkar
9	Mane Nikita Sathisambhaji	16	S.y.A.B	9011766371	N.S.Mane
10	Shinde Mayuzi Anil	132	S.Y.BSC	9699393285	Shinde
11)	Patil Harshada Bapurao	96	T.J.BSC	9860695903	Patil
12)	Sanjana Aappa Nevare	50	T.J.BCA	7823006671	Sanjana
13)	Harshada Rajendra Thakare	16	S.Y.BSC	8010336016	Thakare
14)	Patil Divya Vamantao	87	S.Y.BSC	7666321607	Patil
15)	Patil Sakshi Ananda	90	S.Y.BSC	8308600623	Patil
16)	More Punam Nana	47	TYBCA	7447304726	More
17)	Marathe Rajashree Gajanan	46	TYBCA	9309082977	Marathe
18)	Diksha Nitin Patil	26	TYBCA	9699806906	Patil
19)	Revali Virbhan Patil	24	TYBCA	9730936321	Revali
20)	Chavan Nikita Digambar	125	T.Y.BA	9356509853	Chavan
21)	Bagul Shakuntla Balu	183	S.Y.BA	8459473543	Bagul
22)	Gayatri Sandip Salunkhe	40	SYBCA	9284359897	Gayatri
23)	Gita Subhash Patil	201	S.Y.BSC	8767290362	G.Patil
24)	Samrudhi Ravindra Patil	39	TYBCA	9075562510	Patil
25)	Tejal Jagdish Jagtap	35	S.Y.BCA	7620461226	Tejal
26)	Nisha Manoj Suryavanshi	50	S.Y.BCA	9766557682	Nisha
27)	Bhagyashree Bajirao Jadhav	74	S.Y.BCA	8010968939	Jadhav
28)	Kusum Shyam Patil		F.Y.BSC	89834248785	K.Patil
29)	Lina Eknath Elguse	46	S.Y.B.A	7385934857	Lina
30)	Thakare Sujata Somnath	23	T.Y.BA	9921891526	S.S.Thakare
	Kale Shital Devidas	25	T.Y.BA	9890798326	Kale
	Kale Pooja Devidas	75	F.Y.B.A	9890798326	Kale
	Patil Siddhi Ravsaheb	14	S.Y.BCA	9284852531	Patil



RSSP Mandal Ltd. Chalisgaon Sanstha's
Nanasaheb Y. N. Chavan Arts, Science and Commerce College, Chalisgaon
 Internal Complaint Committee 'Jurati Sabha'
 "Women Empowerment Program" Date: 15/03/2022

Sr. no.	Name of the Student	Roll no.	Class	Mobile no.	Signature
34)	Wagh Pallavi Prakash	11	SyBCA	8080765408	<i>Pallavi</i>
35)	Thakur Bhagyashri Gajanan	23	SyB.com	9322771219	<i>Bhag</i>
36)	Dhivare Neha Anil	41	SrBA	8421750536	<i>Neha</i>
37)	Dhivare Anjali Anil	72	F.YBA	9604192781	<i>Anjali</i>
38)	Patil mayuri Valmik	139	F.YBA	9307686213	<i>M.Patil</i>
39)	Mahajan Tejasvini Ashok	75	T.Y.B.com	9309337097	<i>Amahajan</i>
40)	Punam Nallesh Wagh	13	SyBCA	7798303691	<i>P.N.wagh</i>
41)	Chaitanya Manoj Patil	59	SrBCA	9834087081	<i>Chapatil</i>
42)	Sakshi Parmeshwar Patil	36	SrBCA	9730612616	<i>S.Patil</i>
43)	Parinita Sham Pardesi	34	SyBCA	9422096405	<i>P.Pardesi</i>
44)	Vaishnavi Narendra Sonawane	20	T.YBCA	9156826818	<i>V.N.sonawane</i>
45)	Parinita Dattatray Saindane	54	S.YBCA	9665387150	<i>Parinita</i>
46)	Malpuze Mansi Sunil	27	T.Y.B.com	8767813585	<i>M.S.M.</i>
47)	Wagh Khushi Manoj	26	T.Y.B.com	7666015427	<i>Khushi</i>
48)	Chaudhari Kalyanikishor	25	T.Y.B.com	9637118551	<i>K.Chaudhari</i>
49)	Baviskar Vaishnavi Anil	183	T.Y.BSC	7028655031	<i>V.Baviskar</i>
50)	Aarti Anil Kumalvet		F.Y.B.A	7020033207	<i>A.A.K.</i>
51)	Chaudhari Sarika Yuvraj	133	T.YBA	8668788834	<i>S.Chaudhari</i>
52)	Baviskar Vaishnavi Anil	183	T.Y.BSC	7028655031	<i>V.Baviskar</i>
53)	Patil Trupti Dharamji	100	T.Y.B.A	9112675586	<i>T.Patil</i>
54)	Pawar Vaishnavi Rajendra	100	T.Y.B.A.	8263826833	<i>V.Pawar</i>
55)	Sakshi Praclip Deore	164	F.Y.BSC	9850279436	<i>S.Sakshi</i>
56)	Divya Bhagyaheeb Borse	43	SyBCA	8767280583	<i>D.Borse</i>
57)	Chaitali Pramod Borse	45	SyBCA	9284532680	<i>C.Borse</i>
58)	Gauri Vinod Patil	62	T.YBCA	9022590059	<i>G.Patil</i>



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RSSP Mandal Ltd. Chalisgaon Sanstha's
Nanasaheb Y. N. Chavan Arts, Sc. And Commerce College, Chalisgaon

Internal Complaint Committee and Yuwati Sabha
"Women Empowerment Program"

Date:

Sr. no.	Name of the Student	Roll no.	Class	Mobile no.	Signature
1)	तेजस्विनी उरला शिंदे	12	FYBCA	9503963514	Tejaswini
2)	वर्षा सुरेश मिस्त्री	15	TY.BSC	7558675946	Vanshika
3)	दिपिका रविंद्र पाटील	36	TY.BSC	7666975178	Dr. Patil
4)	Yogita Dnyaneshwar Naik	03	FYBCA	8767558527	Yogita
5)	Shital Rajendra Patil	10	M.Sc II	9022060026	Shital
6)	Kadam Chaitali Karbhari	270	TY.BSC	7498090449	Kadam
7)	Chaudhari Sushmi Mahendra	99	FY.BSC	9325563172	Chaudhari
8)	Chaitali Laxman Patil	6	S.Y.B.A	7821051098	C.L. Patil
9)	Chaitali Karbhari Kadam	10	TY.BSC	7498090449	Chaitali
10)	Suryawanshi Vaishali Gokul	18	FYBA	7499097593	Surya
11)	Muskan Shaker Shaikh	25	FYBSC	9890596737	Muskan
12)	Nikity Chhatu Gavande	123	M.A	9096921043	Nikity
13)	Maguri Nimba Jadhav	87	FY.BA	7219075608	Maguri
14)	Kotkar Snehal Sudam	10	FYBSC	8080963605	Kotkar
15)	Samruddhi Bhikam Lambale	214	FY.BSC	9022562139	Sambhalk
16)	Mahale Damini Mansing	92	TY.BA	8767997887	Mahale
17)	Veronika Bandish	16	M.Sc II	8668692195	Veronika
18)	Rathod Aishwarya Mansing	105	FY.BA	7276103704	Rathod
19)	Patil Purva Dilip	22	TY BSC	7620527915	Patil
20)	Sonje Tejal prabhakar	45	TYBSC	8767552039	Sonje
21)	Patil Shital vijay	29	FYBSC	9822017071	Patil
22)	Kasar Aishwarya kavay	31	TYBSC	8421286305	Kasar
23)	Patil Kavsheb Pratik	91	FYBA	9404370727	Patil
24)	Chaudhari Jayashmi Ravindra	119	TYBSC	9561845516	Jayashmi
25)	Hire Divya Ashok	33	TYBSC	9356021059	Hire
26)	Patil Pooja Arun	4	S.Y.BSC	9699257255	Patil
27)	Sonjize Samiksha Pradip	55	TYBSC	8421467390	Sonjize
28)	Suryawanshi Dipali Sitencha	126	S.Y.BA	9850684655	Suryawanshi
29)	Suryawanshi Sharada Ishwar	12	TY.BA	8459339100	Sharada
30)	Mistry Sudarshana Sardar	82	TY.BSC	9325354122	Mistry
31)	Suryawanshi Ashwini Ashok	59	TY.BSC	9322794633	Suryawanshi
32)	Shirsath Pranali Padaji	98	TY.BSC	8208921684	Shirsath





Lighting the lamp on Inaugural Function



Welcome Song



Session – I : Adv. Maduri Edake



Session – II : Dr. Payal Pawar



Question Asked by Students



Valedictory Function