

## International Yoga Day

On June 21, 2023, at around 5:45 a.m. our Nanasaheb Yashavantrao Narayanrao Chavan Art's, Science and Commerce College, Chalisgaon celebrated International Yoga Day. For that purpose, Famous Yogacharya Shri. Babasao Vasant Chandradnye taught us the importance of yoga and some yoga poses. He also added to that, it's very important to add yoga practice to everyday life to stay healthy and fit. On this occasion, Principal Dr. S. R. Jadhav expressed his thoughts on yoga and health. On this occasion, many people from the director body, local organizations, and government offices were present. All the arrangements were done by NSS Program Officer Dr. A. L. Suryawanshi, Assistant Program Officer Dr. R. P. Nikam, and Female Program Officer Dr. R. V. Patil. A vote of thanks was proposed by Dr. R. P. Nikam.

The event received collaborative efforts from college vice-principal Mr. Appasaheb M. Y. Chavan, Dr. Mrs. Sakhla, Dr. S. D. Mahajan, Mr. K. P. Rameshwarkar, Dr. R. P. Nikam, Mr. K. C. Deshmukh, Dr. G. D. Deshmukh, Mr. H. R. Nikam, and all faculty members and non-teaching staff. Their cooperation was instrumental to the event's success.

We acknowledge the valuable contributions of the primary school headmaster Mr. Sonawane, his colleagues Mr. Shinde and Mr. Gadhari, the Anganwadi staff, and everyone else who supported the event. Our heartfelt thanks to the village Sarpanch, Mrs. Mira Anandrao Jadhav, Mr. Abasaheb Anandrao Jadhav, village servant Mr. Bhau Saheb Bhoi, and all Gram Panchayat members and villagers for their assistance.





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